

Premier Sportsplex Youth League

Our youth leagues are designed to give players the opportunity to start out as young as 3 years old and move up through our different divisions with success. Each division is designed to get them one step closer to a club like experience. Each team will practice one hour a week and have one game per week. Our refs and coaches will encourage based off this verse, 1 Corinthians 9:25 "Everyone who competes in the games goes into strict training. They do it for a crown that will not last, we do it for a crown that will last forever." We also teach and encourage treating one another with kindness, recognizing the benefits of hard work, valuing effort, striving for excellence in all we do and having good sportsmanship! We have zero tolerance for anything less than this.

Premier Pre Prep

- Volleylite
- Nets to be set at 6ft
- Can have as many or little as you want on the court. This allows teams to play everyone if they only have 7 but if they have a team of 4 there is no penalty for smaller teams.
- Can serve anywhere they want on the court. Prefer they serve behind the 10ft line and then work back as they get consistent.
- Rotate and allow all players to play all the way around.
- Coach tosses in a free ball to the opposite side after the server has lost the ball and before the next server on the other side gets to serve EVERY TIME. This counts as a point for whoever wins it but the ball will always go to the other side for the next server. This allows coaches to toss freeballs to players who may have not touched the ball during the game. Also it is less likely we get good play out of serve receive in 9U and will increase touches for the players.
- Max of 5 serves in a row.
- Game to 25
- Best 2 out of 3. If 3rd set is played you will only play to 15.
- No Cap

Premier Prep

- Volleylite
- Nets to be set at 7ft
- 6 on the court
- Rotate onto the court and allow all players to play all the way around.
- Prefer they serve behind the purple line and then work back as they get consistent. HOWEVER, the ref and coach can agree to allow players to move up if they feel it is necessary. We want to encourage success and allow them to play.
- Coach tosses in a free ball to the opposite side after the server has lost the ball and before the next server on the other side gets to serve EVERY TIME. This counts as a point for whoever wins it but the ball will always go to the other side for the next server. This allows coaches to toss freeballs to players who may have not touched the ball during the game. Also it is less likely we get good play out of serve receive in 9U and will increase touches for the players.
- Max of 5 serves in a row.
- Game to 25
- Best 2 out of 3. If 3rd set is played you will only play to 15.
- No Cap

Premier

- Regular balls
- Nets to be set at 7ft 4inches
- 6 on the court
- Rotate onto the court and allow all players to play all the way around.
- Prefer they serve behind the purple line and then work back as they get consistent. HOWEVER, the ref and coach can agree to allow players to move up if they feel it is necessary. We want to encourage success and allow them to play.
- Max of 5 serves in a row.
- Game to 25
- Best 2 out of 3. If 3rd set is played you will only play to 15.
- No Cap

Premier Power

- Regular balls
- Nets to be set at 7ft 4inches
- 6 on the court
- Rotate onto the court into a position. Players in this league will start learning rotations, front row back row and libero rules.
- Prefer they serve behind the white line. HOWEVER, the ref and coach can agree to allow players to move up if they feel it is necessary. We want to encourage success and allow them to play.
- Max of 5 serves in a row.
- Game to 25
- Best 2 out of 3. If 3rd set is played you will only play to 15.
- No Cap